



CHEF'S TABLE LUNCH MENU

MAIN ENTRÉE + TWO SIDES (\$5.75)

SOUP (SMALL \$1.75 | LARGE \$2.50)

WELCOME TO RISE UP! CAFÉ. BE THE CHANGE.

• **Chef-Driven Commitment to preparing healthy, made-from scratch meals featuring seasonal ingredients**

• **Patina Group, in partnership with LA Kitchen, provides on-the-job training that empowers individuals with employment challenges**

• **100% compostable products. Dining in? Consider using plates over boxes**

• **FIND OUR MENU ONLINE:**
<https://tinyurl.com/riseupcafe>

Hours:
Breakfast
7:30am – 10:00am
Lunch
11:00am – 2:30pm
Snacks and Beverages
through 3:00pm

MONDAY, FEBRUARY 4TH

ENTRÉE: ROASTED PORK LOIN WITH MANGO CHUTNEY

ENTRÉE: SHRIMP STIR FRY

SIDES OF THE DAY

- BAKED CAULIFLOWER WITH TOMATOES AND FETA
- ROASTED BROCCOLINI W GARLIC LEMON CHILI FLAKES
- YELLOW AND GREEN BEANS WITH PESTO
- ROASTED CUMIN POTATOES

SOUP OF THE DAY: BEEF POT PIE SOUP

TUESDAY, FEBRUARY 5TH

ENTRÉE: FRIED FISH TACOS WITH MANGO MELON SALSA

ENTRÉE: FARRO WITH CHICKEN, CORN AND PEAS

SIDES OF THE DAY

- MEXICAN STYLE CORN ON THE COBB
- ROASTED FENNEL WEDGES WITH ROASTED GARLIC
- ROASTED CARROTS WITH OLIVES AND ALMONDS
- SPANISH RICE

SOUP OF THE DAY: CARROT GINGER SOUP

WEDNESDAY, FEBRUARY 6TH

ENTRÉE: CARRIBEAN JERK CHICKEN

VEGETARIAN ENTRÉE: THAI GREEN CURRY TOFU WITH PEPPERS

SIDES OF THE DAY

- ROASTED CURRIED PARSNIPS AND COCONUT DUST
- ROASTED ASPARAGUS WITH WALNUTS & ORANGE ZEST
- MUSHROOM BRUSCHETTA
- MASHED POTATOES WITH PLANTAINS

SOUP OF THE DAY: CORN BACON AND POTATO CHOWDER

THURSDAY, FEBRUARY 7TH

ENTRÉE: SAUTEED LOMO SALATADO BEEF

VEGETARIAN ENTRÉE: VEGGIE TACOS WITH CILANTRO LIME SAUCE

SIDES OF THE DAY

- BRAISED CELERY WITH LEMON VIN
- BAKED EGGPLANT WITH YOGURT AND POMEGRANATE
- ROASTED SWEET POTATOES WITH HONEY SAMBAL
- MIXED QUINOA

SOUP OF THE DAY: VEGETABLE LENTIL SOUP

FRIDAY, FEBRUARY 8TH

ENTRÉE: MISO ORANGE GLAZED TILAPIA

VEGETARIAN ENTRÉE: TOMATO AND SQUASH THREE CHEESE TART

SIDES OF THE DAY

- ROASTED BROCCOLI WITH SOY AND SESAME SEEDS
- FRIED LONG BEANS WITH SOYA ONIONS AND PEPPER
- BUTTERNUT SQUASH WITH CRANBERRIES
- BUTTERED ORZO AND EDAMAME

SOUP OF THE DAY: VEGETABLE LENTIL SOUP

SPECIALS

- CUBANO PORK PRESSED SANDWICH
- PASTRAMI QUESADILLA