

# 預防新冠狀病毒



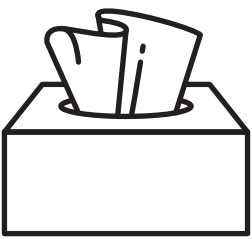
Wash your hands with soap and water for at least 20 seconds. If soap and water are not available, use an ALCOHOL-BASED hand sanitizer

請用肥皂和水洗手至少20秒  
如沒有肥皂和水請使用**含酒精**的洗手液



Avoid touching your eyes, nose and mouth with unwashed hands

請避免用未洗淨的手觸摸眼睛、鼻子與嘴巴



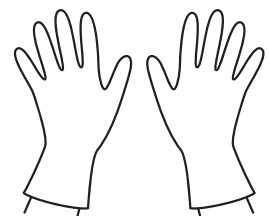
Cover your cough or sneeze with a tissue then throw the tissue in the trash

咳嗽或打噴嚏時請用紙巾遮住口鼻  
並將用過的紙巾丟進垃圾桶



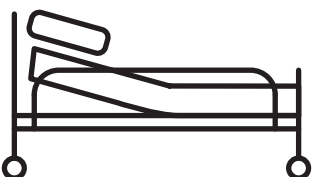
Avoid close contact with people who are sick

請避免與生病的人密切接觸



Clean and disinfect frequently touched objects and surfaces

請清潔和消毒經常觸摸的物體和表面



Stay home when you are sick

生病時請待在家裡